

*Singing:
The Heart
of the
Program*



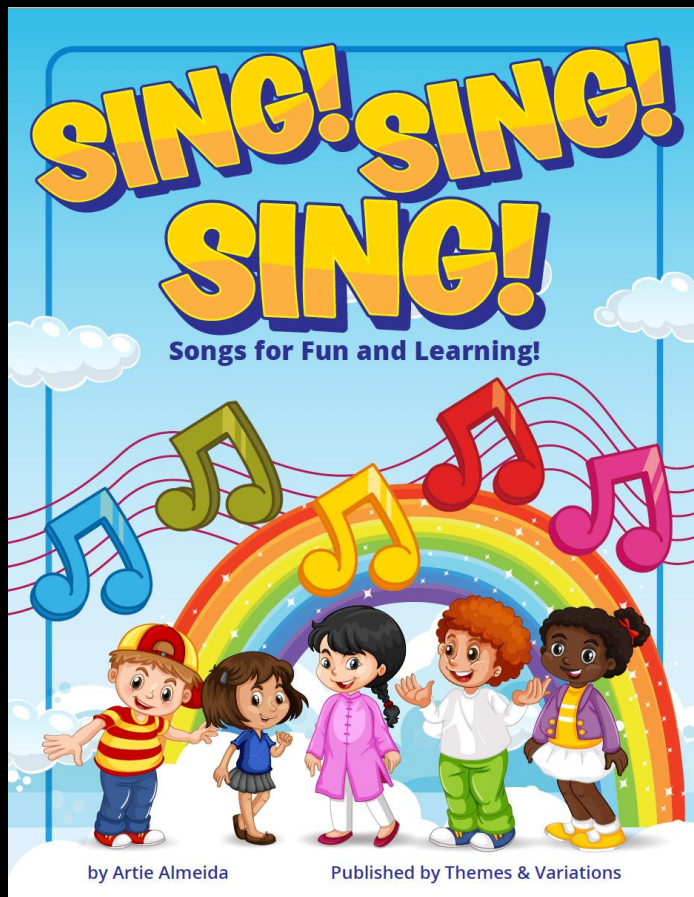
New England Chapter of AOSA
Clinician: Artie Almeida

TO DOWNLOAD ALL visuals for ARTIE'S CLINIC:

1. Go to www.artiealmeida.com
2. Click on "Teacher Resources"
3. Click on "Teacher Downloads"
4. Click on the folder titled
"New England AOSA 2024"

FROM ARTIE'S NEWEST BOOK:

Sing! sing! sing!



Sing! Sing! Sing!

Songs for Fun and Learning
By Artie Almeida

The Singing Scarf	Page	Little Melody Walk	Page
1. Slide Whistle cards		24. Little Melody Walk	
2. Vocal Echoes		25. Engine Engine #9	
3. Solfege Echoes		26. Mary Had a Little Lamb (also in Singing Scarf)	
4. Starlight Starbright		27. Starlight (also in Singing Scarf)	
5. Hot Cross Buns		28. Row Your Boat (also in Singing Scarf)	
6. Buns Cross Hot		29. Rain Rain Go Away	
7. High Harmony Buns		30. Black Snake (also in Movement Fun)	
8. Original Hot Cross Buns		31. Bee Bee Bumblebee	
9. Mary Had a Little Lamb		32. A Tisket A Tasket	
10. Frere Jacques		33. Humpty Dumpty (also in Beat Buddy)	
11. Twinkle Twinkle Little Star		34. Teddy Bear	
12. Row, Row, Row Your Boat		Songs for Movement and Fun	
13. Elevator Song		35. Pass the Music Beanbag	
Beat Buddy Songs and Poems		36. Move to the Colors	
14. Beat is Steady		37. Lost my Shamrock	
15. Jack and Jill		38. What's Cookin'?	
16. Humpty Dumpty		39. Open Shut Them	
17. Itsy Bitsy Spider		40. One Finger Kept Moving	
18. Little Miss Muffet		41. Walk Old Joe	
19. Beat Buddy, Who do You See?		42. Shoe a Little Horse	
20. To Market To Market		43. Black Snake	
21. Do Not Let the Bedbugs Bite!		44. Old Gray Cat	
22. Pease Porridge Hot		45. The Green Grass Grew All Around	
23. Jack be Nimble, Jack be Quick		46. Scotland's Burning	

ISBN# 978-1-989166-83-3

©2022 Themes & Variations

Printed in Canada. All Rights Reserved.

Cover by: Lana Swanson Arrangements and Recordings by: Jason Misner and Morgan McKee

Edited by: Denise Gagne and Leanne Holloway

Themes & Variations

1-888-562-4647 sales@musicplay.ca www.musicplay.ca

Canada

With the participation of the
Government of Canada.



**One Finger
Kept
Moving**



One finger, one finger kept moving
kept moving, kept moving.
One finger, one finger kept moving
Hi ho! Hi ho! Hi ho!

One finger, two fingers kept moving,
kept moving, kept moving.
One finger, two fingers kept moving.
Hi ho! Hi ho! Hi ho!



One finger, two fingers, one elbow kept moving,
kept moving, kept moving.
One finger, two fingers, one elbow kept moving.
Hi ho! Hi ho! Hi ho!



One finger, two fingers, one elbow,
two elbows kept moving, kept moving, kept moving.
One finger, two fingers, one elbow,
two elbows kept moving.
Hi ho! Hi ho! Hi ho!



One finger, two fingers, one elbow, two elbows,
one foot kept moving, kept moving, kept moving.
One finger, two fingers, one elbow, two elbows,
one foot kept moving.
Hi ho! Hi ho! Hi ho!



One finger, two fingers,
one elbow, two elbows,
one foot, two feet kept moving,
kept moving, kept moving.
One finger, two fingers, one elbow,
two elbows, one foot,
two feet kept moving.
Hi ho! Hi ho! Hi ho!





One finger, two fingers, one elbow,
two elbows, one foot, two feet, one head kept moving,
kept moving, kept moving.

One finger, two fingers, one elbow, two elbows,
one foot, two feet, one head kept moving.

Hi ho! Hi ho! Hi ho!





One finger, two fingers, one elbow,
two elbows, one foot, two feet, one head, one bootie
kept moving, kept moving, kept moving.
One finger, two fingers, one elbow, two elbows,
one foot, two feet, one head, one bootie kept moving.
Hi ho! Hi ho! Hi ho!



One Finger Kept Moving

Intro 1 Bar Traditional, arranged Artie Almeida

The musical score is written on four staves in G major (one sharp) and 6/8 time. The melody is simple and repetitive, featuring eighth and quarter notes. The lyrics are written below the notes, with hyphens indicating syllables that span across notes. The first staff starts with an 'Intro 1 Bar' label. The second staff ends with the word 'Hi'. The third staff has a long horizontal line under 'ho!' indicating a sustained note. The fourth staff ends with the word 'One'.

One fin - ger one fin - ger kept mov - ing, kept mov - ing, kept

mov - ing. One fin - ger one fin - ger kept mov - ing. Hi

ho! Hi ho! Hi ho! _____ One fin - ger, two fin - gers kept

mov - ing, kept mov - ing, kept mov - ing. One

Vocal



ACC





Verse 3: One finger, two fingers, one elbow kept moving...

Verse 4: One finger, two fingers, one elbow, two elbows kept moving...

Verse 5: One finger, two fingers, one elbow, two elbows, one foot kept moving...

Verse 6: One finger, two fingers, one elbow, two elbows, one foot, two feet kept moving...

Verse 7: One finger, two fingers, one elbow, two elbows, one foot, two feet, one head kept moving...

Verse 8: One finger, two fingers, one elbow, two elbows, one foot, two feet, one head, one bootie kept moving...

LITTLE MELODY WALK

Artie Almeida

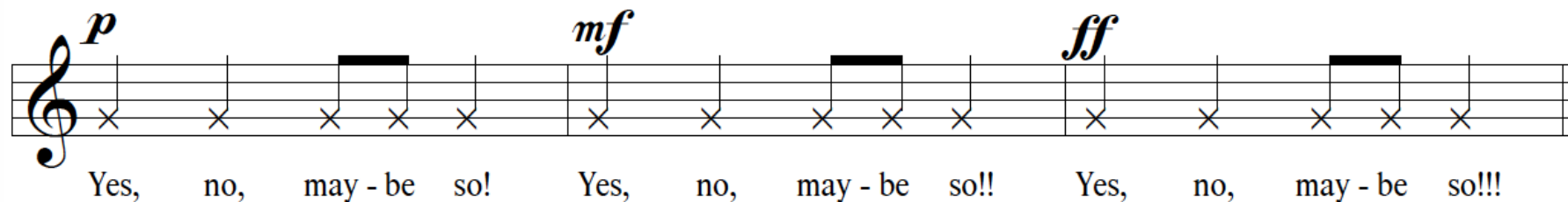
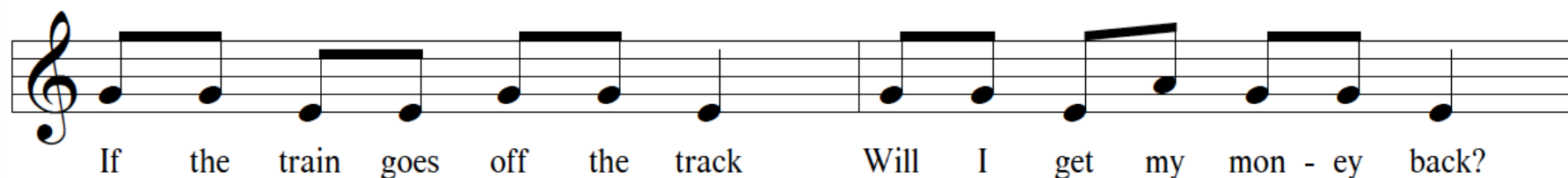
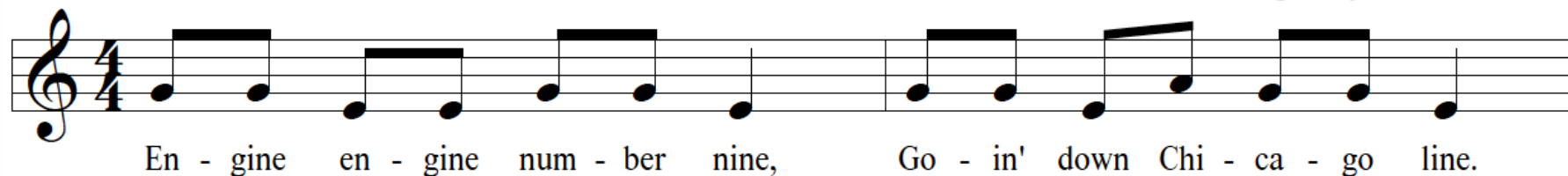


I take a lit-tle walk. I take a lit-tle walk. I take a lit-tle walk and then I stop and sing.



ENGINE ENGINE #9

Traditional, arranged by Artie Almeida



LITTLE MELODY WALK

Artie Almeida

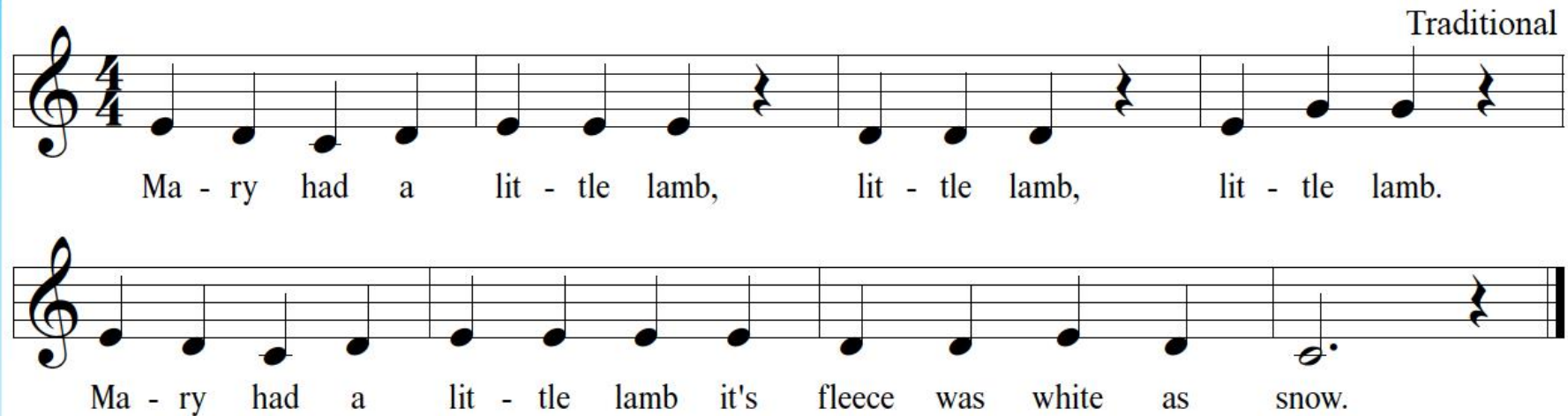


I take a lit-tle walk. I take a lit-tle walk. I take a lit-tle walk and then I stop and sing.



MARY HAD A LITTLE LAMB

Traditional



Ma - ry had a lit - tle lamb, lit - tle lamb, lit - tle lamb.

Ma - ry had a lit - tle lamb it's fleece was white as snow.



LITTLE MELODY WALK

Artie Almeida



I take a lit-tle walk. I take a lit-tle walk. I take a lit-tle walk and then I stop and sing.

[illegible]

I take a lit-tle walk. I take a lit-tle walk. I take a lit-tle walk and then I stop and sing.

Starlight Starbright

Traditional

Star - light, star - bright, First star I see to - night.

Wish I may, wish I might, Have the wish I wish to - night.



LITTLE MELODY WALK

Artie Almeida



I take a lit-tle walk. I take a lit-tle walk. I take a lit-tle walk and then I stop and sing.



Artie Almeida



The first staff of music is written in treble clef with a 4/4 time signature. It begins with a whole note G4, followed by a half note A4, and then a half note B4. The melody continues with a quarter note C5, a quarter note D5, a quarter note E5, and a quarter note F5. This is followed by a quarter note G5, a quarter note A5, a quarter note B5, and a quarter note C6. The staff ends with a double bar line.

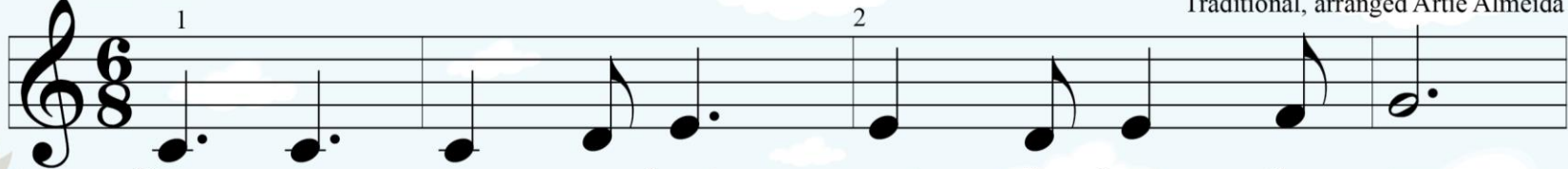
I take a lit-tle walk. I take a lit-tle walk. I take a lit-tle walk and then I stop and sing.



Row Row Row Your Boat

Intro 4 Bars

1 2 Traditional, arranged Artie Almeida



Row, row, row your boat, gent - ly down the stream.
Row, row, row your boat, gent - ly down the stream.

3 4



Mer-ri - ly, mer - ri - ly, mer - ri - ly, mer - ri - ly life is but a dream.
'till___ you reach___ the wa - ter-fall___ and then you start to scream.

2nd time



Aaaaaahhhh - - - hhh!

LITTLE MELODY WALK

Artie Almeida



I take a lit-tle walk. I take a lit-tle walk. I take a lit-tle walk and then I stop and sing.



Artie Almeida

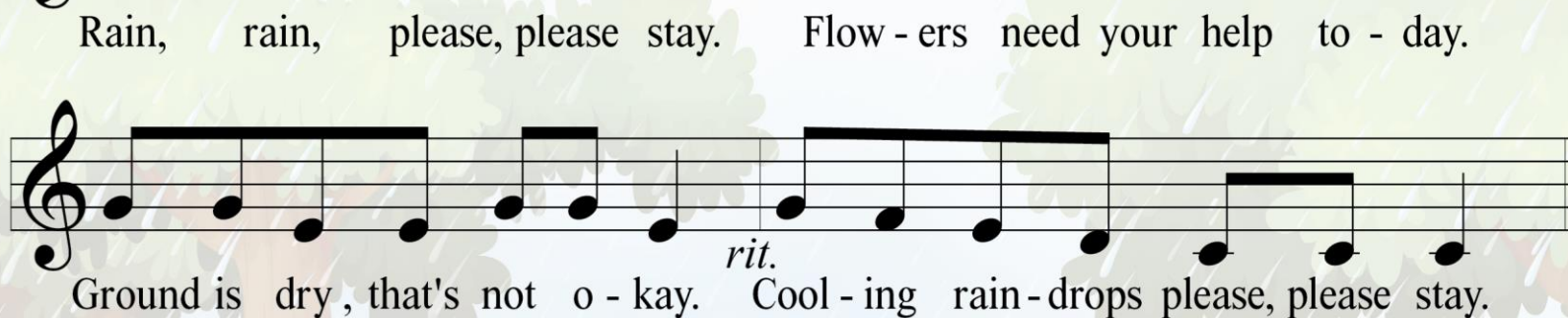


The first staff of music is written on a single five-line staff with a treble clef and a 4/4 time signature. It begins with a whole note G4, followed by a half note A4, and then a half note B4. The melody continues with a series of eighth and quarter notes, including a dotted quarter note G4, and concludes with a final whole note G4.

A row of five diverse cartoon children standing on a green field. From left to right: a girl with dark skin and curly hair in a purple jacket, a boy with black hair and glasses in an orange shirt, a girl with brown hair in a red shirt and blue skirt wearing a cap, a boy with brown hair in a blue shirt, and a girl with red curly hair in a light blue dress. They are all smiling and gesturing.

Rain Rain Go Away





LITTLE MELODY WALK

Artie Almeida



I take a lit-tle walk. I take a lit-tle walk. I take a lit-tle walk and then I stop and sing.



Artie Almeida



A row of five diverse cartoon children standing on a green field. From left to right: a girl with dark skin and curly hair wearing a purple jacket and white skirt; a boy with black hair and glasses wearing a red shirt and orange pants; a girl with brown hair in a braid wearing a red shirt and blue skirt; a boy with brown hair wearing a blue shirt and black pants; and a girl with red curly hair wearing a light blue dress and teal vest.

Black Snake

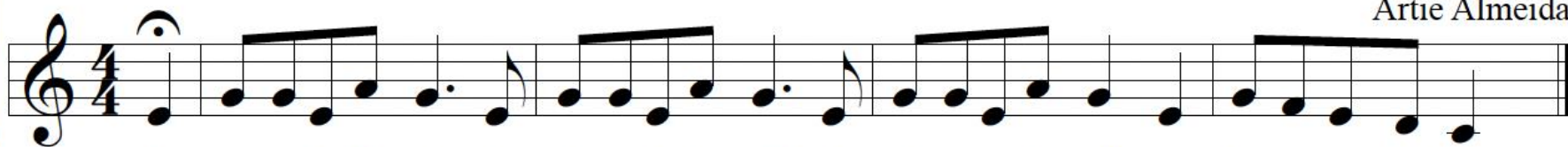
Intro 2 Bars

Traditional



LITTLE MELODY WALK

Artie Almeida



Bee Bee Bumblebee

Intro 1 Bar Traditional, arranged Artie Almeida



The musical notation is written on two staves in 4/4 time. The first staff contains the melody for the first line of the song, and the second staff contains the melody for the second line. The notes are simple, with some beamed eighth notes to represent the 'bum-ble' sound. The lyrics are written below the notes.

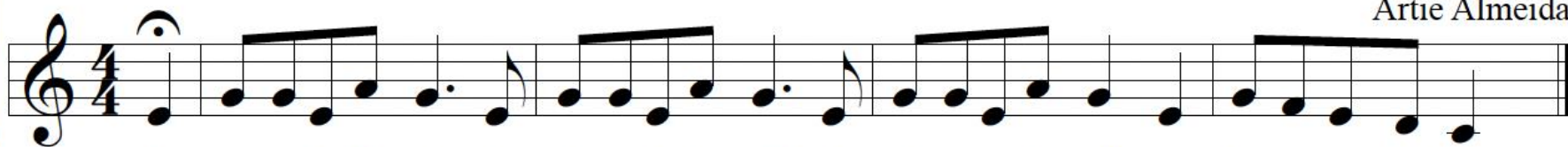
Bee, bee, bum - ble bee sting a man u - pon his knee.

Sting a pig u - pon his snout. I de - clare that you are out!

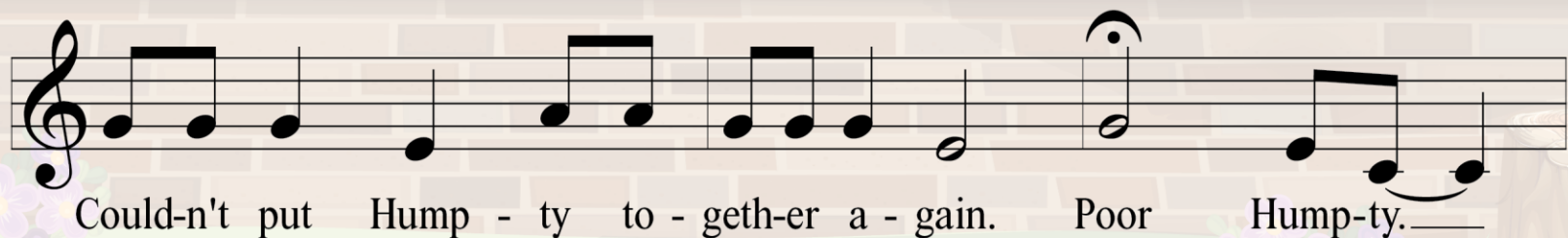
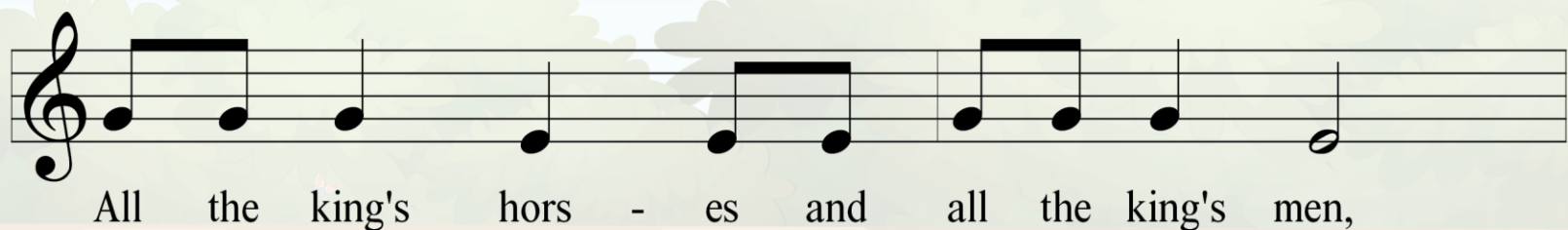
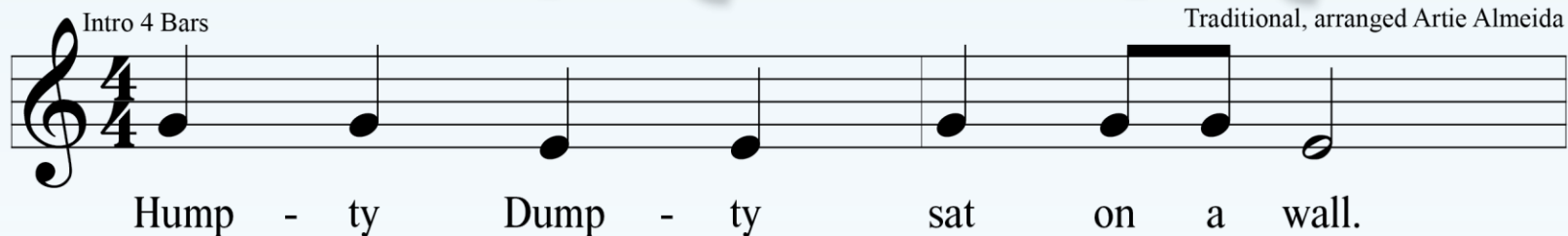


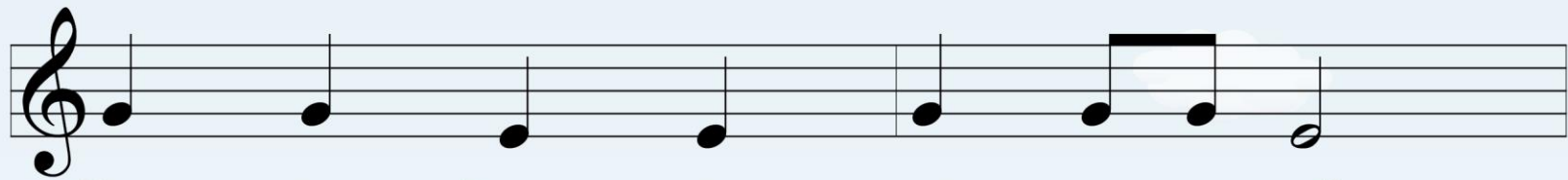
LITTLE MELODY WALK

Artie Almeida

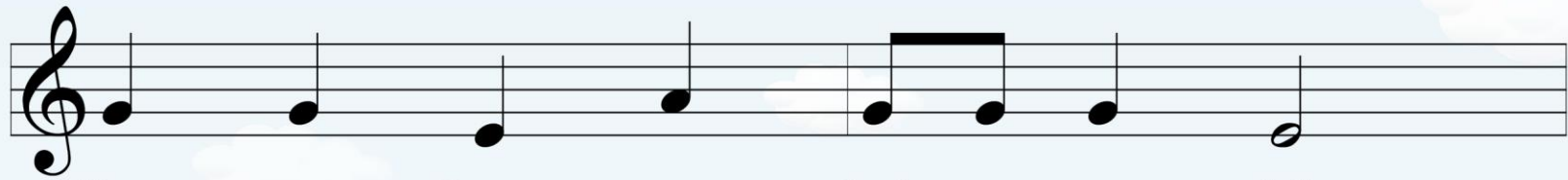


Humpty Dumpty

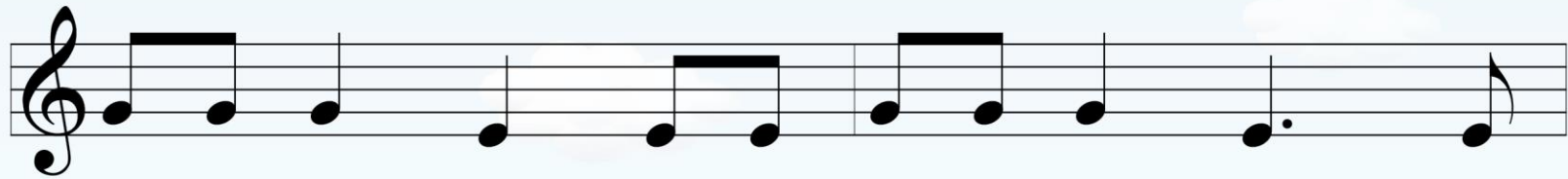




Hump - ty Dump - ty sat on a wall.



Hump - ty Dump - ty had a great fall.



All the king's hors - es and all the king's men, had



scram - bled eggs for break-fast a - gain. Poor Hump-ty. —



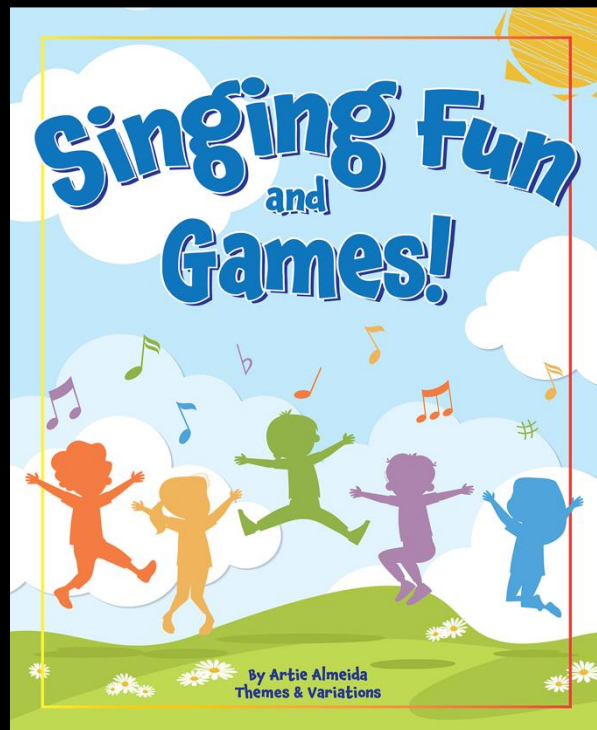
Take a Little Walk

Artie Almeida

I take a lit - tle walk. I take a lit - tle walk. I
take a lit - tle walk and then I sit right down.



FROM ARTIE'S PUBLICATION: SINGING FUN 'N GAMES



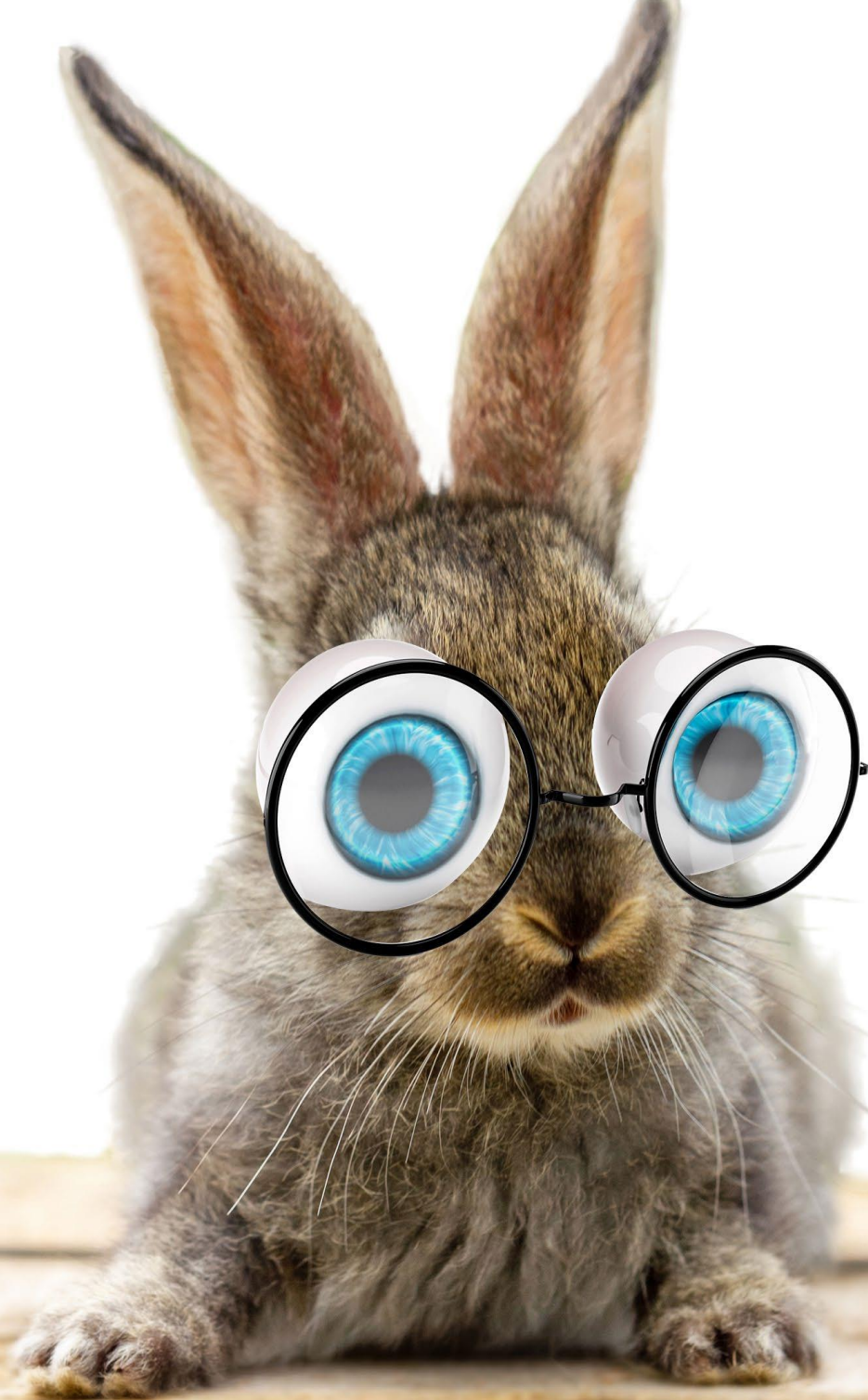
Singing Fun and Games!

By Artie Almeida

Action Songs	Page	Audiation Songs	Page
1. My Bonnie Lies Over the Ocean	4	12. Little Cabin in the Wood	39
2. Down to the Baker's Shop	7	13. Under the Spreading Chestnut Tree	42
3. Chester	11	14. Swimming, Swimming	46
4. Long-Legged Sailor	14	15. The Horse Went Around	48
5. Ridin' in a Buggy	17	Echo Songs	
6. Five Little Ducks	20	16. Goin' on a Picnic	50
7. Allison's Camel	23	17. Charlie Over the Ocean	54
8. Six Blue Pigeons	26	18. No More Pie	57
Songs With Props		Singing Games	
9. Chumbara	29	19. Seven Steps	59
10. Five Green and Speckled Frogs	32	20. Wishy Washy	62
11. There's a Spider on the Floor	36		

Little Cabin in the Wood











ПОСЛОЖИВ НАВЕЩИВНОСТЬ
и полагаясь на Батраи, неслучайно поборок, нежелая
иногда, чтобы в записках, которые в самом конце
иногда, чтобы в записках, которые в самом конце
иногда, чтобы в записках, которые в самом конце



Bunny Facts

- Rabbits are very social creatures that live in groups. They live underground in tunnels they dig called warrens.
- A male rabbit is called a buck, a female rabbit is called a doe and a baby rabbit is called a kit.
- Rabbits perform an athletic leap, known as a 'binky', when they're happy – performing twists and kicks in mid-air!
- Rabbit's eyes are on the sides of their heads, so they can see almost all the way around themselves.
- Rabbits purr when they are happy.
- They can jump as high as three feet!





Little Cabin in the Wood

Little cabin in the wood,
little man by the window stood.


Saw a rabbit hopping by,
knocking at the door.

“Help me, help me, help me!” he cried.

“That hunter makes me terrified!”

Come little rabbit, come inside.

Safely you may hide.





Little Cabin in the Wood

~~Little cabin in the wood,~~
little man by the window stood.

Saw a rabbit hopping by,
knocking at the door.

“Help me, help me, help me!” he cried.

“That hunter makes me terrified!”

Come little rabbit, come inside.

Safely you may hide.



Little Cabin in the Wood

~~Little cabin in the wood,
little man by the window stood.~~

Saw a rabbit hopping by,
knocking at the door.

“Help me, help me, help me!” he cried.

“That hunter makes me terrified!”

Come little rabbit, come inside.

Safely you may hide.



Little Cabin in the Wood

~~Little cabin in the wood,
little man by the window stood.~~

~~Saw a rabbit hopping by,
knocking at the door.~~

“Help me, help me, help me!” he cried.

“That hunter makes me terrified!”

Come little rabbit, come inside.

Safely you may hide.



Little Cabin in the Wood

~~Little cabin in the wood,
little man by the window stood.~~

~~Saw a rabbit hopping by,
knocking at the door.~~

“Help me, help me, help me!” he cried.

“That hunter makes me terrified!”

Come little rabbit, come inside.

Safely you may hide.



Little Cabin in the Wood

~~Little cabin in the wood,
little man by the window stood.~~

~~Saw a rabbit hopping by,
knocking at the door.~~

~~“Help me, help me, help me!” he cried.~~

“That hunter makes me terrified!”

Come little rabbit, come inside.

Safely you may hide.



Little Cabin in the Wood

~~Little cabin in the wood,
little man by the window stood.~~

~~Saw a rabbit hopping by,
knocking at the door.~~

~~"Help me, help me, help me!" he cried.~~

~~"That hunter makes me terrified!"~~

Come little rabbit, come inside.

Safely you may hide.



Little Cabin in the Wood

~~Little cabin in the wood,
little man by the window stood.~~

~~Saw a rabbit hopping by,
knocking at the door.~~

~~"Help me, help me, help me!" he cried.~~

~~"That hunter makes me terrified!"~~

~~Come little rabbit, come inside.~~

Safely you may hide.



Little Cabin in the Wood

~~Little cabin in the wood,
little man by the window stood.~~

~~Saw a rabbit hopping by,
knocking at the door.~~

~~"Help me, help me, help me!" he cried.~~

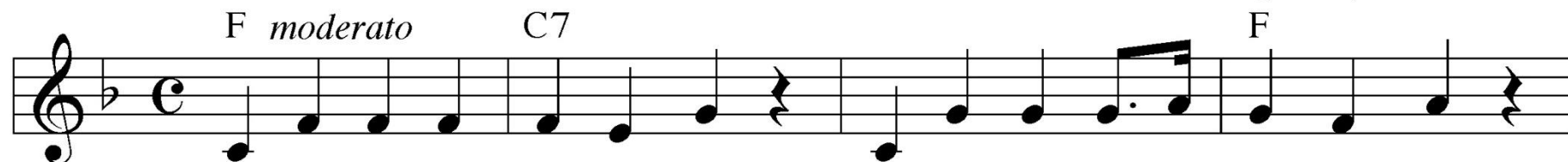
~~"That hunter makes me terrified!"~~

~~Come little rabbit, come inside.~~

~~Safely you may hide.~~

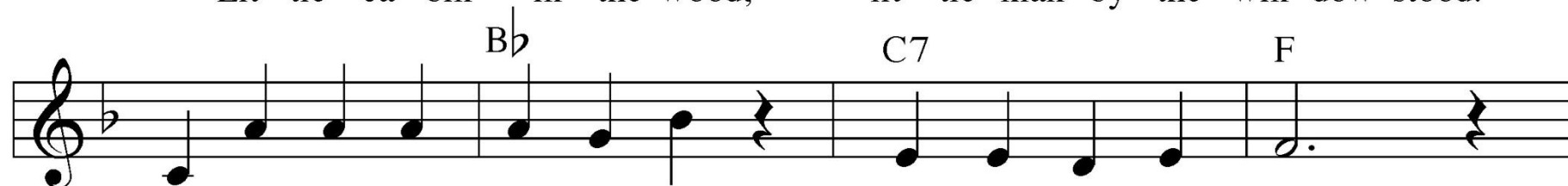
4 bar intro

Traditional, adapted by Artie Almeida



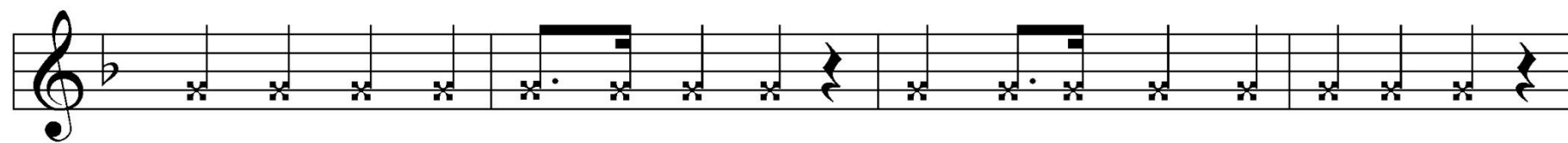
Lit - tle ca - bin in the wood,

lit - tle man by the win - dow stood.



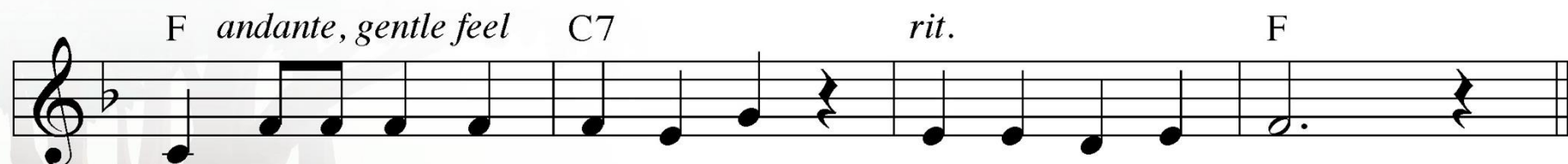
Saw a rab - bit hop - ping by,

knock - ing at the door.



"Help me! Help me! Help me!" he cried,

"That hun - ter makes me ter - ri - fied!"



"Come lit - tle rab - bit come in - side.

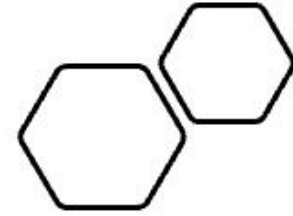
Safe - ly you may hide."

Little Cabin in the Wood



**DON'T FORGET
TO HAVE FUN WITH
YOUR STUDENTS.
DANCE. SING. ACT.
DRESS UP. BE SILLY. LAUGH.
REMEMBER,
THEY ARE ONLY LITTLE ONCE.**

MISS DECARBO 



About the Clinician

Dr. Artie Almeida has 37 years of public-school teaching experience and was the music instructor at Bear Lake Elementary in Apopka FL, where she taught 1200 K-5 students. Her dynamic performing groups have performed for FMEA, AOSA (Tampa), MENC, Walt Disney World, many educational organizations and on the NBC Today Show. For the last 35 years she has traveled to provide elementary music symposia to teachers around the globe. Each year she presents workshops for many state MEAs, Orff chapters, school districts and other education organizations.

Artie's accolades include Florida Music Educator of the Year, Runner-Up for Florida Teacher of the Year, Seminole County Teacher of the Year, International Educator 2006 (Cambridge UK Biographical Society), school level Teacher of the Year six times, and University of Central Florida Alumni of the Decade. Artie is included in the publications Who's Who in American Education and Great Minds of the 21st Century.

Artie's 29 publications celebrate innovative delivery systems for K-5 music instruction. Her themes in teaching are "Heavy Academics: Delivered Joyfully!" and "Where There's Passion, There's Retention!"

Artie was an adjunct professor of music education at the University of Central Florida for 35 years, the saxophone instructor at Valencia State College, the music and movement instructor at Seminole State College and a saxophone performer and teacher. Additionally, she performed early music with Ars Antiqua and the Halifax Consort.